

# CRESPI FAMILY HOPE

## Antidepressant Safety Week



## May 22 to 28, 2024 – Sacramento, California

Born and raised in the City of Elk Grove in Sacramento County, Kim Crespi has been a tireless advocate for antidepressant safety ever since her husband, David, a star in the financial world and a loving husband and father, took the lives of their twin 5-year-old daughters, Tessara and Samantha, in 2006 at their family home in Charlotte, North Carolina during a psychotic episode one week after starting the SSRI (selective serotonin reuptake inhibitor) antidepressant Prozac. Psychosis (delusions and/or hallucinations) is a rare side effect of SSRI antidepressants. David took a plea deal to avoid the death penalty and was sentenced to two consecutive life terms. In 2015, after spending almost a decade adamantly trying to get David a new trial while raising their other three children, Jessica, Dylan and Joshua, Kim was diagnosed with Parkinson's disease. Kim now has advanced Parkinson's and requires 24/7 care.

There will be three parts to **CRESPI FAMILY HOPE Antidepressant Safety Week** in recognition of the courage and resilience of the Crespi family ([CrespiFamilyHope.org](http://CrespiFamilyHope.org)):

1) **WEDNESDAY MAY 22 from 11am to 12 noon (NO COST) at Wackford Community & Aquatic Complex, Willow Room, 9014 Bruceville Rd., Elk Grove:**

Presentation about *How SSRI Antidepressants Cause Suicide, Violence and Homicide*

2) **SATURDAY MAY 25 from 9am to 12 noon (NO COST) at Wackford Community & Aquatic Complex, Willow Room, 9014 Bruceville Rd., Elk Grove - Antidepressant Safety Forum:**

- 9 to 9:45am - Presentation about *How SSRI Antidepressants Cause Suicide, Violence and Homicide*
- 9:45 to 10:15am - Discussion and break
- 10:15 to 11:45am - Screening of documentary *Letters from Generation Rx* (includes the Crespi family story)
- 11:45am to 12 noon - Discussion

3) **TUESDAY MAY 28 - KNOW YOUR DRUGS DAY**

People in Sacramento County will be encouraged to visit [KnowYourDrugs.org](http://KnowYourDrugs.org), where they can find prescription drug safety QUESTIONS to ask their doctor and pharmacist, RESEARCH drug side effects and find out how to REPORT suspected adverse drug reactions.

**KNOW YOUR  
DRUGS DAY**

**REGISTRATION WILL NOT BE REQUIRED TO ATTEND THE (FREE) MAY 22 or MAY 25 EVENTS**

*The May 22 and May 25 events are not sponsored by Wackford Community & Aquatic Complex*



David Carmichael will be delivering the presentation *How SSRI Antidepressants Cause Suicide, Violence and Homicide*. In July 2004, after a successful 20-year career promoting physical activity and sport, with no history of mental illness, David had a psychotic episode shortly after starting the SSRI Paxil and took the life of his 11-year-old son, Ian, in London, Canada. He was then charged with first-degree murder, judged not criminally responsible (insane) in October 2005, and institutionalized in a mental health centre (forensic psychiatric hospital). David was conditionally discharged in December 2007, which allowed him to live with his wife and daughter again. He received an absolute discharge from the Ontario Review Board in December 2009, and has been off psychiatric drugs since September 2010. His family story is also included in the film *Letters from Generation Rx*.

**There is a link to the presentation slides at the top of the PRESENTATION page at [KnowYourDrugs.org](http://KnowYourDrugs.org)**